

MARCH 2015



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Annapolis Getting Started with Breastfeeding 5-6 pm	5 North County Breastfeeding Support Group 9:30 am - 11:30 am	6 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	7
8	9	10	11 North County Getting Started with Breastfeeding 5-6 pm	12	13 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	14
15	16	17 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	18	19 North County Breastfeeding Support Group 9:30 am - 11:30 am	20 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	21
22	23	24	25 North County Getting Started with Breastfeeding 5-6 pm	26	27 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am	28
29	30	31		Anne Arundel Services: BF Classes BF Support Groups 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish



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Counselor For more information	t Groups nsults with Breastfeeding Peer or the Lactation Consultant		1 Annapolis Getting Started with Breastfeeding 5-6 pm	North County Breastfeeding Support Group 9:30 am - 11:30 am	3	4
5	6	7	8 North County Getting Started with Breastfeeding 5-6 pm	9	10 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	11
12	13	14	15	16 North County Breastfeeding Support Group 9:30 am - 11:30 am	17 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	18
19	20	21	North County Getting Started with Breastfeeding 5-6 pm	23	24 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	25
26	27	North County Getting Started with Breastfeeding 10:30 am - 11:30 am	29	30 North County Breastfeeding Support Group 9:30 am - 11:30 am	To Contact a Breastfeeding Pee Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish	er Counselor near you or the



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9's Best 3						30
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3	4	5	6 Annapolis Getting Started with Breastfeeding 5-6 pm	7 North County Breastfeeding Support Group 9:30 am - 11:30 am	8 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	9
10	11	12	North County Getting Started with Breastfeeding 5-6 pm	14	15 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	16
17	18	19	20	21 North County Breastfeeding Support Group 9:30 am - 11:30 am	Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis	23
24/31	25	26 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	27 North County Getting Started with Breastfeeding 5-6 pm	28	29 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	30